

REGISTRATION FORM

Name: _____
 Address: _____
 City/State/Zip: _____
 Email: _____
 Age (D.O.B): _____ (youth < 14)

T-Shirt Size (for the first 300 registrants):
 (please circle)

Adult:	S	M	L	XL	2XL
Youth:	S	M	L	XL	

Event Fees (please circle):

Adult 5K:	\$25,	Youth 5K:	\$15
Adult 1 Mile:	\$25,	Youth 1 Mile:	\$15

Children 5 and under are free

I would like to sponsor a CIS family \$50

I would like to make a donation to CIS _____

Team rates available online

Total Due: \$ _____

Waiver: I know that participating in a road race is a potentially hazardous activity. I should not enter and run unless I am medically able to do so and properly trained. I assume all risks associated with participating in this event including but not limited to: falls, contact with other participants, the effects of weather, traffic and course conditions, all such risks being known and understood by me. I am aware that medical support for this event will be provided by volunteer personnel that may be called upon to provide assistance, including first aid, to me during the event. I authorize any such volunteer to assist me or to perform such assistance as in the opinion of CIS such person, may be necessary or appropriate. I understand that CIS and Promotions One assumes no responsibility or liability with respect to my participation in this event. I agree, however, to abide by any decision on any race official relative to my ability to safely complete the run. I hereby grant permission to CIS and its sponsors to use any photographs, motion pictures, recordings, or any record of this event for legitimate purposes. I agree to abide by the rules of this race as stated in official race information. Having read this waiver and knowing these facts and in consideration of your acceptance of my race entry, I, for myself and anyone entitled to act on my behalf, do hereby release and discharge CIS, and all sponsors, representatives (including event volunteers), and employees of any of them, from all claims or liabilities of any kind arising out of my participation in this event.

Signature (parent/guardian if under 18) _____ Date _____
Please mail completed registrations forms and payment check (no cash please) to:
Premier Sports, Communities In Schools,
401 Charmel Place, Columbus, Ohio 43235

Thank you to our
sponsors:



Course Description:

The 5K will kick off from Genoa Park, on Washington Blvd, continuing onto Towne St., to Bell St., East on Broad St. and onto the bike path along the river. You will pass the Santa Maria, North Bank Park, and Confluence Park, continuing on path west along the riverbank back to Genoa Park.



Please join us for our
annual 5K Walk/Run and
1 Mile Walk on
September 18, 2010
9:00 am

Genoa Park (behind COSI)
Downtown Columbus



Visit

www.premierraces.com

for more information
and to register!

Our Partnering School Districts:



Columbus City Schools
Whitehall City Schools
Office of Catholic Schools,
Catholic Diocese of Columbus

Join us as we walk and run with kids to support **Communities In Schools**, the nation's leading community-based drop-out prevention organization helping kids stay in school and graduate.

The mission of **Communities In Schools** is to surround students with a community of support, empowering them to stay in school and achieve in life.

Help us work with central Ohio students so they can be successful and graduate!
Go to our website to learn more:
www.ciskids.org.



Questions? Contact Kitty Kerrigan King,
kking@ciskids.org or 614.268.2472, x 11

Join us!

- 7:30 am Registration, T-Shirt/Number Pickup
- 8:30 am Welcome
- 9:00 am 5 K Run kick off
- 9:15 am 5 K and 1 Mile Walk kick off



The 5K run will be timed



Pre-event Day Packet Pickup will take place Monday - Friday, September 13 - 17 at the **Communities In Schools Office**, 510 East North Broadway, Columbus, Ohio 43214 between the hours of 9-4. Call 614.268.2472.

Tuition

- Adult 5K: \$25
- Youth 5K: \$15
- Adult 1 Mile: \$25
- Youth 1 Mile: \$15
- Team Rates Available

I would like to sponsor a CIS family @ \$50!
I would like to make a donation to CIS!



Register **ONLINE** at
www.premierraces.com

The Walk/Run finishes up at the Riverfront Arts Festival which opens at 12 noon until 10 pm on Saturday. See all the details:
www.byhandevents.com

What does Communities In Schools of Central Ohio do?

- Works with all grade levels (K-12).
- Created a leadership program for minority males, grades 4-6, called Exceptional Leaders Inspired Through Excellence (E.L.I.T.E).
- Helps families who are at imminent risk of homelessness so kids don't have to change schools during school year.
- Creates educational connections to the Somali community with a full-time staff person who speaks Somali.
- Conducts after-school programs in Whitehall, Columbus and Catholic schools with teacher tutoring sessions, nutritious meals, physical activity, and enrichment opportunities.
- Provides staff who connect needed resources to students and families so they can stay focused academically.
- This past year, partnered with 167 organizations in central Ohio and brokered over \$450,000.00 in goods and services to schools and students.